

COMMUNITY HEALTH IMPROVEMENT PLAN

2022 Annual Report



COUNTY OF SAN LUIS OBISPO
HEALTH AGENCY
PUBLIC HEALTH DEPARTMENT



January 2023

INTRODUCTION

The County of San Luis Obispo Public Health Department convened community partners in February 2018 to develop a comprehensive and coordinated community health improvement plan. More than 95 community partners—including service providers, advocates and subject matter experts—came together to identify priorities and plans for action over the next five years.

The plan was published in November 2018 and represents a collaborative effort that focuses on priorities identified by partners in each area. It describes how the Public Health Department and partners will work together to improve our community's health. The plan sets forth what we will strive to achieve and provides a road map for how we plan to achieve it. It identifies priority health issues, establishes measurable objectives for improvement and coordinates resources to achieve those objectives.

About this Report

Like any true collaborative effort, this plan is not a static document that will remain unchanged over the course of five years. Instead, activities change and evolve, partnerships grow, and lessons are learned. This is the 2022 annual report on the Community Health Improvement Plan and highlights the accomplishments, plan revisions and next steps in each of the priority areas.

This report, and the related Community Health Assessment (CHA) and Community Health Improvement Plan (CHIP) are posted online at <http://www.slohealthcounts.org/>.

How to Read this Report

The plan is organized into eight priority areas. Each priority area includes a brief introduction to the topic, progress made towards the goals in this area and next steps based on identified progress or challenges. The CHIP work plan (attached to this document) provides additional detail and updates about plan activities.

PRIORITY AREAS & GOALS

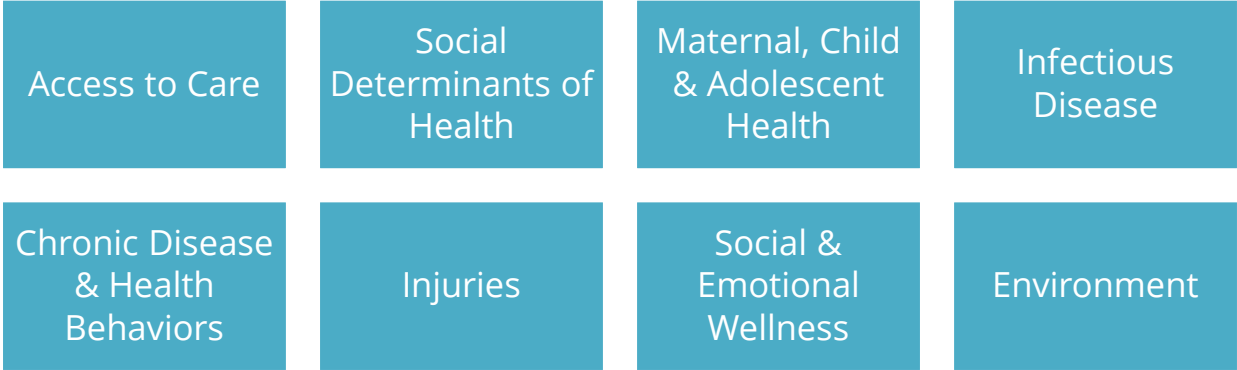
The SLO Health Counts Steering Committee reconvened in April 2022 to discuss new data about how the pandemic affected community health and worsened health disparities. They also discussed under-resourced communities in the county that had been disproportionately impacted by the pandemic.

Discussions centered on the mental health impacts of the pandemic, most notably for children, as well as critical food access issues, which were pre-existing before the pandemic, but had become even more strained as schools and other traditional access points were closed. The discussion also included impacts of the pandemic on the senior population, who struggled with social isolation, and on the healthcare workforce, which had been further strained by the pandemic.

This data, alongside the CHA, was used to help inform the county’s recovery efforts, most notably the American Rescue Plan Act (ARPA) funds, which focused on emerging priority areas of food access, access to care, healthy aging and mental health and substance abuse.

ARPA funding enabled the CHIP to expand by adding new goals and activities to existing priority areas. These new activities have been folded into the work below.

Priority Areas



PRIORITY AREAS & GOALS

■ new activities added

Access to Care	Improve coordination of health care among service providers. ■
	Recruit and retain providers to the Central Coast.
	Increase the proportion of low-income children in SLO County with routine and adequate dental care.
Social Determinants of Health	Increase CalFresh enrollment to reduce hunger and improve health among SLO County residents. ■
	Improve access to affordable, attainable, safe and supportive housing.
Maternal, Child & Adolescent Health	Improve social and emotional supports for new mothers.
	Implement a Help Me Grow™ (HMG) system in SLO County.
Infectious Disease	Reduce the rate of undiagnosed hepatitis C in SLO County Jail inmate population.
	Reduce the rate of influenza in high-risk SLO County populations.
	Reduce the rate of syphilis in SLO County population.
Chronic Disease & Health Behaviors	Improve diets and increase physical activity in the environments where people eat, live, learn, work and play. ■
	Reduce rates of chronic disease among county residents.
	Reduce smoking initiation, tobacco use and exposure to secondhand smoke.
Injuries	Reduce falls among seniors.
	Reduce vehicle-related injuries.
Social & Emotional Wellness	Improve consistency of care across the continuum of social and emotional wellness services.
	Improve the social and emotional support network for teens in SLO County. ■
Environment	Increase awareness within the agriculture community of the risks associated with Valley Fever and prevention/treatment needed.
	Improve water quality at high priority beach / creek interfaces.

PROGRESS ON CHIP PRIORITY AREAS



ACCESS TO CARE

About this Priority


Those who lack a dependable source of health care often have more difficulties obtaining care when needed, receive fewer preventive health services and are more likely to wait until their conditions worsen before seeking treatment. The issue of access to care came up at several points throughout this planning initiative: in focus groups, in partner surveys and in Dignity Health's Community Needs Assessment, which ranked access to health care as its number one significant community need. In discussing the issue, residents cited a lack of providers, lack of walk-in clinics and clinics with extended hours and lack of health insurance.

Goals

Improve coordination of health care among service providers.

Recruit and retain providers to the Central Coast.

Increase the proportion of low-income children in SLO County with routine and adequate dental care.

Increase supports for the aging population. 

Accomplishments

Some notable accomplishments took place in 2022. The SLO County Care Coordination Group has continued to meet every other month with participation from SLO County, CenCal, Hospitals, CAP SLO, CHC, TMHA, Five Cities Homeless Coalition, Wilshire Home Health, and the Department of Social Services.

Under the recruit and retain providers goal, The Central Coast Physician Assistant Program (CCPAP) has begun. It was granted provisional accreditation status in 2021, allowing for the admission of the first incoming class. The program will focus on recruiting and training a culturally diverse profession, starting with a cohort of 90 students. Additionally, the Marian Residency program has continued with 6 spots in Family Medicine program and 3 spots in OB-GYN.

Under the dental care goal, several new Denti-Cal providers were added in 2019 and 2020, bringing the total number of providers to seven (CHC Templeton Dental, Tolosa Children's Dental Center (Paso Robles), Tolosa Children's Dental Center (SLO), Doan D.D.S. Family

Dentistry, Central Coast Dental, CHC Nipomo Dental, CHC Oceano Dental). No additional providers were added in 2022.

Additionally, work continued to provide fluoride varnish and dental sealant services at school sites, state preschools, Head Starts, resource centers and low-income housing. Pandemic-related closures impacted access to students at school sites, providing a challenge at times. However, while certain activities, like virtual dental home services struggled to meet improvement targets, others, like fluoride varnish at school sites, performed better than their targets, in part thanks to the Dentistry @ School (VDH) program.

In addition, ARPA funding allowed for several new activities around access to care, including supports for the aging population, mobile clinics, culturally competent health care navigation, and health care workforce development.

Plan Revisions

Plan revisions in 2022 included adding several new ARPA-funded projects that support our Access to Care goals:

- **CAPSLO's Adult Day Center Program** serves adults with early-stage Alzheimer's disease, dementia, & cognitive impairments to maximize living skills and maintain highest level of cognitive functioning. It also provides caregiver respite, community outreach, and education.
- **CAPSLO's Mobile Reproductive Health Clinic** will purchase, license, equip, and operate a mobile licensed medical facility to increase access to care by removing barriers such as transportation, insurance, legal status, finances, and linguistic or cultural barriers.
- **Promotores Collaborative's Capacity-Building Coalition Project** implements a San Luis Obispo County Community Health Worker/Promotor Workforce Capacity-Building Coalition based on an established multilingual and multicultural Latinx Health Outreach Program. It also expands the number of Community Health Workers/Promotores.
- **French Hospital's Hearst Cancer Resource Center Cancer Patient Navigator & Outreach Program** offers bilingual Spanish-English navigation, outreach, and transportation to guide patients through cancer care, provide knowledge of diseases and treatments, help navigate the healthcare system, and provide emotional support.
- **HASLO's Creating Resilient Communities** project includes transporting clients to physical and mental health appointments, providing one-on-one and group mental

health and substance use counseling, assisting clients with applying for CalFresh benefits, and supporting seniors that are aging in place.

- **Lumina Alliance's** project increases individual and group counseling services for adult & child survivors of sexual & intimate partner violence.
- **SLO Noor Foundation's Whole Community Care Project** provides mobile, bilingual (Spanish-English), accessible, inclusive primary care in residential and commercial areas where underserved populations reside, work, congregate. It expands follow-up preventive health and access to community support services.

One additional change was that funding to support dental workforce development (scholarships to Registered Dental Assistants (RDA) and Registered Dental Hygienists in Alternative Practice (RDHAP) students) ended in 2020. The team will look for other sources of funding, but for now this work has been paused.

Next Steps

Monitor and support CHIP activities.

SOCIAL DETERMINANTS OF HEALTH

About this Priority

The social determinants of health are the conditions in which people are born, grow, live, work and age that affect health, functioning and quality of life. These conditions include access to neighborhood parks, grocery stores, good schools, jobs, safe and affordable housing and more. In San Luis Obispo County, two key social determinants of health are housing and food security. Access to quality, safe and affordable housing is one of the most powerful predictors of health. Research has linked housing instability to elevated stress levels, depression, and an increase in certain chronic health conditions. Conversely, stable and affordable housing enables low and moderate-income families to spend more on basic necessities, like nutritious food, health care and reliable childcare. Access to affordable, healthy food is critical for health and well-being. Food insecurity, or not having reliable access to enough affordable, nutritious food, can contribute to higher levels of obesity and other diet-related diseases. For these reasons, the social determinants of health team chose to focus on housing and food access as priority issues.

Goals

Increase CalFresh enrollment to reduce hunger and improve health among SLO County residents. ■

Improve access to affordable, attainable, safe, and supportive housing.

Accomplishments

Some notable accomplishments took place in 2022. New ARPA funds allowed for greater investment and funding of more activities around CalFresh enrollment, which kicked off at the end of 2022.

In addition, under the housing goal, the Health Communities Workgroup continued to meet monthly. They submitted 6 letters of support for new housing developments that came before government bodies (planning commissions, city council meetings etc.) (11 total letters on other developments that impact health). In addition, all 6 projects were reviewed with the Healthy Communities Project Checklist for assessing housing-related development projects from a healthy community's perspective.

Plan Revisions

Plan revisions in 2022 included adding a new ARPA-funded project that supports our Social Determinants of Health goals:

- **Food Bank's CalFresh Outreach Project** connects more residents with long-term financial support for food to reduce hunger and improve health. It increases enrollment by training SLO Food Bank partners to enroll participants, hosting targeted enrollment events with the SLO County Dept. of Social Services, leveraging SLO County CalFresh Alliance partnerships, implementing targeted media campaigns and communications, and utilizing data analysis and evaluation services through UC Cooperative Extension.

Next Steps

Work with local school districts to promote CalFresh has been pushed to future years. Initial attempts were unsuccessful due to the national political issues and Public Charge fears for immigrant families, and then efforts were paused by the pandemic as resources were pulled to emergency response.

Under the housing goal, in-person presentations were paused in 2022 due to the pandemic and will resume in future years. This includes speaking at public comment (e.g. during city council, Board of Supervisor meetings, etc.), with local service clubs (e.g. Rotary), and with employers to encourage new housing and modified development standards that promote new housing.

MATERNAL, CHILD & ADOLESCENT HEALTH

About this Priority

Beginning life as a healthy baby provides the best opportunity for lifelong health. For this reason, health within the first years of life is closely analyzed. This includes analyzing such factors as birthweight, breastfeeding, prenatal care and more.

Early identification of developmental or learning delays is critical for diagnosing problems and providing early therapeutic interventions. This not only takes the work of health care providers and involved parents, but also the work of caregivers, childcare providers and educators. With the right supports in place, early intervention can shape a child’s long-term health. For this reason, the maternal, child and adolescent health team identified developmental screening as a priority issue.

Healthy childhood development also depends on the health of the parents. Postpartum depression and anxiety, which 50-80 percent of women experience in some form following birth, can negatively affect childhood development, as women who suffer from postpartum depression are less likely to play with, tell stories to, or read books to their children. Addressing this early with increased screening and providing parents with the right supports can positively affect children and create environments that support lasting health. For this reason, the team identified social and emotional supports for new mothers as another priority.

Goals

Improve social and emotional supports for new mothers.

Implement a Help Me Grow™ (HMG) system in SLO County.

Accomplishments

Help Me Grow™ (HMG) work continued with CAPSLO as the centralized information and referral hub. In addition, the HMG steering committee continued to meet quarterly with pediatricians and representatives from libraries, special education, and behavioral health, among others.

HMG's '3x3 developmental screening partnership' also formally concluded, with the pilot's findings summarized in a final evaluation report. The pilot, which engaged Bravo Pediatrics and pediatric clinics at CHC tested the Ages & Stages Questionnaire, 3rd edition (ASQ-3) and the Ages & Stages Questionnaire: Social-Emotional, 2nd edition (ASQ:SE-2) questionnaire, standardized screening tools.

The project also tested multiple methods for administering the tools, including self-administration by a parent/guardian prior to a pediatric visit and completion of the questionnaire with a health educator in the pediatric office.

The pilot screened over 2,000 children, with at least 256 children referred to additional services. The pilot highlighted challenges of the screening, including limited uptake of the Parent/Guardian Self-Administration method and problems using the Child Care Provider-led screenings. It also highlighted successes, including an increase in the parent/primary caregiver knowledge of age-appropriate development. The full evaluation can be found [here](#).

The HMG website, which was launched in 2020, continues to be updated and serve as a resource for pediatric providers.

Social and emotional supports for new mothers continued through the work of the Perinatal Mood and Anxiety Disorder (PMAD) team. Outreach to OB offices was formally completed in 2021, with 100% of offices now implementing PMAD screening using a validated tool. In 2022, the group also added outreach to pediatric offices in SLO County, surveying 12 pediatric offices in SLO County surveyed regarding office practices, policies, and protocols involving maternal mental health. Questions included staff and new parent education, depression screening for new mothers, office resources, office needs around staff, new parent education and resources, and handouts needed.

PMAD trainings also continued, with trainings held for hospital labor/delivery staff, community-based providers, and hotline volunteers.

Resources around PMAD were provided to partners and residents through PMADSLO.org (total visits: 2,800) and info cards. The team also added Google video ads (total impressions: 1,356,837) and SLO Life magazine ads (circulation: 600,000) to their outreach and created a PMAD poster that was distributed to 12 OB offices and 12 pediatric provider offices, 3 hospitals, women and children services departments, childbirth education classes, SLO County programs, WIC clinics, and SLO County non-profits.

Plan Revisions

No plan revisions at this time.

Next Steps

For HMG, town halls (to offer continuing medical education about HMG, showcase available developmental screening tools and discuss how to incorporate into a busy practice) were put on the back burner due to the pandemic. HMG steering committee is discussing bringing these back in 2023.

INFECTIOUS DISEASE

About this Priority

Infectious disease may be an unavoidable fact of life, but many strategies are available to help us protect ourselves from infection and to treat a disease once it has developed. Substantial progress has been made in reducing the burden of vaccine-preventable diseases, yet continued cases and outbreaks of these diseases persist, driven by various contributing factors. Furthermore, endemic diseases such as chronic hepatitis, HIV and other sexually transmitted infections affect millions of individuals and widen health disparities.

Improving awareness, screening, diagnosis, and prevention of these illnesses can have long-term impacts on health and well-being, reducing mortality rates overall and improving quality of life for county residents.

Goals

Reduce the rate of undiagnosed hepatitis C in SLO County Jail inmate population.

Reduce the rate of influenza in high-risk SLO County populations.

Reduce the rate of syphilis in SLO County population.

Accomplishments

No progress to date. Early discussions around Hep C were being held in early 2020 at the jail and then the COVID-19 pandemic hit, which soon took precedent. Flu messaging had not yet begun and were paused due to the pandemic response.

Larger syphilis campaign was put on hold during the pandemic; however, individualized education is provided to every patient that comes to the Paso Robles Reproductive Health clinic for STD testing/symptoms/safer sex education.

Plan Revisions

No plan revisions at this time.

Next Steps

As of February 2019, Wellpath (no longer the Public Health Department) is the National Correctional Health Care Provider at the San Luis Obispo Jail. Will pick up conversations around Hepatitis C and flu messaging with new Chief Medical Officer at the jail when the urgent pandemic response is over.

Will also pick up discussions around syphilis, and encourage universities, OB/GYN providers and others to offer routine, opt-out testing, and increase patient education.

CHRONIC DISEASE & HEALTH BEHAVIORS

About this Priority

Nationally, chronic diseases and conditions—such as cancer, diabetes, cardiovascular diseases like heart attacks and stroke and respiratory diseases such as COPD and asthma—are among the most common, costly, and preventable of all health problems. This is true in San Luis Obispo County as well, with cancer, heart disease and stroke accounting for a little over half of countywide deaths. According to the Centers for Disease Control and Prevention, four health behaviors are responsible for much of the illness and death related to these diseases: lack of physical activity, poor nutrition, tobacco use and excessive alcohol consumption. For these reasons, the chronic disease and health behaviors team identified healthy diets, physical activity and tobacco use as top priorities.

Goals

Improve diets and increase physical activity in the environments where people eat, live, learn, work and play. ■

Reduce rates of chronic disease among county residents.

Reduce smoking initiation, tobacco use and exposure to secondhand smoke.

Accomplishments

Some notable accomplishments took place in 2022.

For the team's work around improving diets and increasing physical activity, work continued, particularly for youth, with support for nutrition and exercise educational programs and school wellness councils. In 2022, a school wellness council was added at Lillian Larsen Elementary in San Miguel, bringing the countywide total to 4 councils. In addition, One Cool Earth and UCCE continued to support 33 school gardens countywide, as well as conduct 2,647 nutritional and educational programs during and after school (sometimes at school garden sites, sometimes at their main campus).

For chronic disease self-management and diabetes classes, attendance increased, with 123 unduplicated attendees taking classes in 2022. In 2021, the team converted both English and Spanish chronic disease self-management program (CDSMP) workshops to ZOOM due

to the pandemic. This appeared to work better for participants, with a notable increase in participation, so now programs continue to be offered virtually.

For tobacco and vaping activities, the number of smoke-free outdoor spaces remained at from 38 in 2022 (up from 25 in 2020), 4 youth trainings were given (e.g. local leadership classes, Friday Night Live chapters) to increase leadership, capacity and skills to address tobacco control issues in their community, 5 presentations were given to community organizations involved in alcohol and drug prevention, other public health programs, local law enforcement and professional organizations, and 5 paid advertisements were run to educate the public on the harmful effects of vaping and quit resources available to help.

In addition, ARPA funding allowed for several new activities around garden-based education for elementary, middle, and high school students in SLO County.

Plan Revisions

Plan revisions in 2022 included adding several new ARPA-funded projects that support our Chronic Disease & Health Behaviors goals:

- **City Farm's Youth Empowerment Program** increases its outreach and enrollment. This program includes bilingual English/Spanish career & college readiness, financial literacy, emotional wellbeing & mental health, agriculture training, and paid internships. City Farm will also increase the amount of fresh food it delivers to the SLO Food Bank for county-wide distribution.
- **One Cool Earth's SLO County Garden-based Nutrition Project** expands year-round, bilingual, weekly, garden-based, science-linked nutrition education programming, including growing fresh produce, at 42 schools with 19,000 students. It increases food access to families by promoting Cal Fresh enrollment and contributing fresh produce to food distribution agencies.
- **Senior Nutrition Program's Meals that Connect Program** increases meals provided to homebound seniors across the County.

In addition, certain tobacco and vaping activities included in the CHIP are no longer in the 2022-2025 tobacco control workplan. These activities should potentially be revised if included as a priority in the next CHIP.

Additionally, HEAL SLO has transformed in recent years, so several activities will need to be revisited for the next CHIP or have a new lead organization chosen.

Next Steps

Monitor and support CHIP activities.

INJURIES

About this Priority

Each year, millions of people across the country are injured. Injuries can result from a variety of causes, intentional or unintentional, including motor vehicle accidents, poisonings, falls, bike accidents, fires, near-drownings, firearms, and other causes. People with serious injuries often face life-long mental, physical, and financial problems that can affect quality of life and economic stability.

In San Luis Obispo County, the leading cause of non-fatal hospitalization from injuries in the county is falls, followed by motor vehicle accidents. For this reason, these two priorities were chosen for this planning effort.

Goals

Reduce falls among seniors.

Reduce vehicle-related injuries.

Accomplishments

In 2022, the fall prevention team continued to create online curriculum for fall prevention, as well as returned to in-person classes. The team provided 19 classes on fall prevention (13 of these were 1-day workshops and 6 were part of a series), as well as strength and balance classes (targeted for fall prevention) at Morro Bay (2x/week), SLO Senior Center (1x/week) and an online class for the CAPSLO Adult Day Center (1x/week).

The team also provided monthly newsletters linking seniors to resources on fall prevention and created 2 social media posts. The team also conducted 19 in-home fall prevention assessments.

Additionally, the team identified brain health research as a gap in injury prevention and brought on additional staff member to help promote services to the Latino community.

For reducing vehicle-related injuries, the Safe Routes to School program continued to promote intersection improvement/traffic calming improvements at high frequency collision sites, particularly in the areas around schools. They utilized [the Safe Routes to School \(SRTS\) prioritization tool](#), which includes school readiness criteria, number of collisions within a 1/2 mile, and proportion of nearby 30+ mph streets. They combined this with SLOCOG's disadvantaged community score (DAC) which uses socio-economic data on the surrounding community, including educational attainment, household income, and

access to regular local transit service. Through these scores, the team identified two priority sites for infrastructure improvements -- Hawthorne Elementary School in the City of SLO and Bauer Speck Elementary School in Paso Robles.

This was coupled with \$7.5 million for transportation projects through the Community Betterments Competitive Grant Program designed to make transportation via bike, foot, bus, and car safer and more convenient. The grants will fund ten capital projects, including crosswalks, bike lanes, pedestrian beacons, sidewalk improvements and more.

In addition, city active transportation staff continued to invest in traffic calming and bike and ped infrastructure improvement projects.

Plan Revisions

Central Coast Distracted Driving Awareness Partnership (CCDDAP) has sunsetted but SLO County Behavioral Health Prevention and Outreach has taken on this work through a grant from the CA Office of Traffic Safety. Language on Activity 2.2, "Encourage distracted pedestrian education through CCDDAP classes" was changed to "Encourage safe driving through impaired and distracted driving classes targeted at middle school and high school students."

Next Steps

The fall prevention team has not yet started work with local hospitals to provide fall prevention education materials at discharge to 75% of senior patients treated for fall-related injuries. This will be something they hope to accomplish in future years when they have more capacity.

For the Safe Routes to School measures, teams are currently working to acquire funding for certain high-priority bike and pedestrian improvements that are not currently funded.

SOCIAL & EMOTIONAL WELLNESS

About this Priority

Social and emotional wellness is essential to overall health. Mental health problems affect thinking, mood and behavior and affect our ability to cope with the stresses of life, work productively and contribute to our community. Adults, children, and adolescents with untreated mental illness are at higher risk for unsafe behaviors, including alcohol or drug abuse and suicide.

In San Luis Obispo County, the system of mental health support services has been largely fragmented and has struggled to meet high demand with insufficient resources. For this reason, the social and emotional wellness team chose to focus on greater coordination and consistency of care across social and emotional wellness services as a priority. The aim is to amplify existing efforts, providing greater service to residents by coordinating current resources.

The team also noted that intervention during the adolescent years had largely been neglected in favor of programs aimed at earlier interventions (birth to five years) in San Luis Obispo County. While these earlier interventions will still be a central focus for local agencies, community partners have also selected teen social and emotional wellness as a key priority area for this planning effort.

Goals

Improve consistency of care across the continuum of social and emotional wellness services.

Improve the social and emotional support network for teens in SLO County. ■

Accomplishments

With the pandemic, the Teen Task Force moved to take advantage of the virtual space in engaging teens. Partners continued to meet quarterly (virtually) to understand the offerings for teens countywide and created a webpage that houses the top 15 resources available to teens on a variety of issues (e.g. mental health, food access). The site will be specifically designed for teens (not their parents), so even unaccompanied youth can get access to the wealth of supports available in the county.

In addition, ARPA committees were particularly interested in youth social and emotional wellness following the emotional toll of the pandemic and funded several new activities around that issue.

Plan Revisions

Plan revisions in 2022 included adding several new ARPA-funded projects that support our Social & Emotional Wellness goals:

- **Boys & Girls Club of Mid-Central Coast's *Opportunity to Thrive* project** expands after-school programming for youth and teens to improve academic success, reduce risky behaviors, decrease mental health issues, and provide emotional support for families.
- **Community Counseling Center, Parenting Support, and Center for Family Strengthening's CONSOLE Project** increases the number of bilingual/bicultural therapists, non-clinical family advocates, and Community Health Workers/Promoters providing mental health support services to Latinx community members.
- **SLO County Office of Education's (SLOCOE) Project** purchases 3 minivans and a mobile kitchen to assist students with getting to and from school, as well as community resources, and increasing their technical skills. This project seeks to improve student attendance for the most vulnerable secondary students, connect them to wrap-around services, and increase positive engagement in the community.
- **Transitions-Mental Health's (TMHA) Youth Mental Health & Suicide Prevention** project establishes a texting component of the Central Coast Hotline (for mental health support), increases presentations to students about mental health, mental illness, and suicide, and expands direct services and educational programs for youth, parents, and school counselors.

Next Steps

Monitor and support CHIP activities.

In the year ahead, the Teen Task Force plans to work to market the new resource page to teens, including working with schools to add a QR code to a student's school ID, so that resources are within reach 24/7.

ENVIRONMENT

About this Priority

Safe air, soil and water are fundamental to a healthy community environment. In recent years, the incidence of Valley Fever—a disease caused by fungus found in the soils of San Luis Obispo County as well as other parts of the Southwest—has increased, reaching record highs in 2017. Because of the increasing impact and relative obscurity of Valley Fever, the environment team chose this as a priority issue. Beach water quality is important in our community, as many residents and visitors take advantage of bountiful ocean fishing and recreation opportunities. For this reason, beach water quality was chosen as a second priority area.

Goals

Increase awareness within the agriculture community of the risks associated with Valley Fever and prevention/treatment needed.

Improve water quality at high priority beach / creek interfaces.

Accomplishments

All work was accomplished in earlier years. Brochure for Valley Fever was created in 2018, which includes a map with Valley Fever hot spots throughout the County. Team met with Planning and Building to request that the brochures be distributed during project planning meetings with applicants. Brochures are provided and are available on the Public Health Department's website. The brochure and map will be reviewed and updated as needed. In 2018, team also conferred with APCD to ensure dust mitigation conditions are part of CEQA evaluation processes. Will plan to revisit as needed.

Team also worked to monitor water quality, particularly at high priority beach/creek interfaces. The City of SLO commenced a creek study in 2019 that continued through 2021 to better understand upstream water quality. The Environmental Health team met and collaborated at multiple points during the project.

Environmental Health also collected some samples to test for bacteriological quality near the outfall in Avila Lagoon. A plan was developed to take samples during the cold months and during the warm weather. Samples were taken on 1/9/20 (cool season) and 7/8/20 (warm season). Bridge pylons had old, faded signs warning swimmers of elevated bacteria levels, but team wanted to know whether to replace, remove, or modify the language on these signs.

Data collected on 7/8/20 (warm season) during low tide noted several locations where exceedances over Ocean Water Quality Standards in H&SC 115880 were present for Enterococci, E. coli, and Total Coliform, so a joint decision was made to replace the signs (with support and partial funding from Surfrider). Signs were updated to include both English and Spanish.

SurfSafeSLO.org and the SLO County Water Hub website (www.slocounty.ca.gov/SLOCountyWater) continue to be updated with the latest water quality reports and water data from other partner websites. In 2020, SurfSafeSLO.org even received an achievement award from the National Association of Counties (NACo)!

Plan Revisions

No plan revisions at this time.








Next Steps

The Environment Working Group has meetings planned in 2023 to review both the City of SLO and the County's sampling result efforts, as well as grant funding through Surfrider for an additional creek study.

SUMMARY

The County of San Luis Obispo Public Health Department looks forward to continuing to support the SLO Health Counts collaborative and associated CHIP activities, as well as implementing the upcoming CHA and planning for the development of the next CHIP. The CHA will be completed in Summer 2023. The next CHIP will be developed in Fall 2023 and published in Winter 2024. The next CHIP will cover priorities and project activities for the years 2024-2029.

TEAM: Access to Care

	Performance Measures						Year-Over-Year Progress					Status Detail
	Performance Measures	Lead Person/ Organization	Data Source	Data Baseline	Improvement Target	Reporting Frequency	YEAR 1 2019	YEAR 2 2020	YEAR 3 2021	YEAR 4 2022	YEAR 5 2023	
Priority Issue: Better coordination of care and services among service providers												
Goal: Improve coordination of health care among service providers												
Objective 1: Increase number of hospitals, County divisions and physicians participating in the county's Health Information Exchange (HIE), by December 2019.	# of entities "live" in HIE system	Public Health, HIE Stakeholders Working Group	HIE System	3 hospitals 0 physicians 0 county agencies (as of 1/18)	5 hospitals by 12/18 15 physicians by 12/19 3 county divisions (BH, PH, EMS) by 12/19	Semi-Annual	4 hospitals CHC physicians 2 county depts					Four hospitals participating by 12/18 (French, AG, Marian, Cottage), Two HA Departments (PH, BH). CHC participating in the HIE by end of 2019. Tenet still in process at the end of 2019.
Activity 1.1: Reach out to Lead Person/ Organization to learn status to date of this initiative.	communication logs	Public Health	HIE Manager	n/a	Communication completed	Once	Communication completed					 Activity complete.
Activity 1.2: Brainstorm gaps in types of providers and names of provider groups that should participate (including assessing barriers to entry for providers).	# meetings held to discuss	Access to Care Group	HIE Manager	n/a	Two meetings held to discuss	Once	2+ meetings with stakeholders from targeted or participating					 Activity complete.
Activity 1.3: Develop outreach plan to increase provider participation in HIE.	Outreach plan developed (Y/N)	Access to Care Group	HIE Database	n/a	Yes, outreach plan developed	Once	Verbal plan agreed to by participants. No further activity at this time.					 Activity complete.
Objective 2: Re-establish Care Coordination Group and hold at least quarterly meetings.	# of coordination meetings	CenCal, Public Health	personal correspondence	n/a	2 meetings by 12/18	Annual	6	6	6			2018: Meetings were held for the SLO County Care Coordination Group on June 21, 2018 and November 16, 2018. 2019: January 2019 (joint meeting with Santa Barbara County) and March, May, July, September and November 2019.
Activity 2.1: Garner commitment from high-level managers/administrators in key stakeholder organizations.	# participating CEO/COO/CFO/CMO/Deputies/County Managers	CenCal, Public Health	Committee Chair	n/a	6	Annual	10	11				2018: SLO County, CenCal, Hospitals, CAPSLO, CHC, TMHA, Five Cities Homeless Coalition, Wilshire Home Health are all members of the Care Coordination Group. 2019: County Department of Social Services 2020: Sheriff's Office Chief Medical Officer added.
Activity 2.2: Define charter, purpose and membership of group.	charter, purpose and member list	CenCal, Public Health	Committee documents	n/a	Existence of charter, purpose, membership list	Once	1 charter, purpose, membership list					 Charter approved by group in September 2019. Activity is complete.
Activity 2.3: Schedule meetings with clear agenda.	# meetings scheduled	Committee Chair	Meeting minutes	0 meetings (as of 2/08/18)	2 meetings by 12/18	Annual	6	6	6	6		 Each meeting was governed by an agenda, and minutes were completed tracking action items.
Activity 2.4: Create action plan to implement at least 1 care coordination project.	# of action plans	CenCal, County, CAPSLO, Hospitals, CHC, others	Committee documents	0 action plans	1 action plan	Annual	0	1				 2020: Group created a process for implementing on-demand Interdisciplinary Team Meetings among members.
Objective 3: Establish a recognized lead entity to coordinate consumer navigation services currently in place through a variety of health care and human services throughout the county, by Dec. 2018.	Lead entity acknowledged (survey)	Public Health, CenCal, Center for Family Strengthening	Care Coordination Committee Chair	n/a	Lead entity named	Annual						
Activity 3.1: Work through Care Coordination Group to establish lead entity in consumer navigation services.	Lead entity acknowledged (survey)	Public Health, CenCal, Center for Family Strengthening	Care Coordination Committee Chair	n/a	Lead entity named	Annual	0	1				 During the pandemic, the Promotores emerged as a lead entity for conducting outreach to the county's Spanish Speaking population. They worked collaboratively with Public Health and other community partners to provide accurate information and connect residents to testing, care and treatment. This work has continued following the pandemic. Similarly, Herencia Indigena emerged as one of the lead entities ensuring language access for the county's Mixteco population and continues that work today. Public Health continues as the lead for the Care Coordination

Activity 3.2: Obtain sustainable funding for community-based health navigation program (e.g. Promotores).	Amount of funding committed	Public Health, CenCal, Center for Family Strengthening	Lead Consumer Navigation entity	n/a	TBD	Annual	0	0	0	0		2022: Discussions have begun to harness new funding for Community Health Workers. More progress anticipated in 2023.
Activity 3.3: Train navigators in access to care linkages and referrals.	# navigators trained	Lead Consumer Navigation entity	Consumer Navigation entity	n/a	5	---	0	0	0	0		2022: Discussions have begun to harness new funding for Community Health Workers. Once funding is acquired, this training can begin.
Objective 4: Ensure ongoing comprehensive and accurate referral information for providers and consumers through 211.	# added/updated/verified records	United Way, Access to Care Team	United Way survey	3,766 records added, updated, or verified (2017)	4,000 records added, updated, or verified (2018)	Annual						
Activity 4.1: Review and update access referral information on 211.	# added/updated/verified records	United Way, Access to Care Team	United Way survey	3,766 records added, updated, or verified (2017)	4,000 records added, updated, or verified (2018)	Annual	-	-	-	-		No progress to date.

Priority Issue: Shortage of primary care, specialty care, psychiatry and dental providers











Goal: Recruit and retain providers to the Central Coast

Objective 1: Increase # of health care provider training program slots by 10%, by July 2020.	# of health care provider training program slots	Dignity Health, CHC	Personal correspondence	21 program slots (18 for Marian + 3 for CHC)	24 program slots	Annual						
Activity 1.1: Retain Marian residency program.	# of health care provider training program slots	Dignity Health	Personal correspondence	18 program slots	18 program slots	Annual	6 spots in Family Medicine program	6 spots in Family Medicine program	6 spots in Family Medicine program	6 spots in Family Medicine program		Marian expanded their residency program by three slots in 2020, adding a sub-specialty: OB/GYN. They now add 9 spots per year, 6 in primary care and 3 in OB/GYN (a four-year program).
Activity 1.2: Apply to ACGME for additional program slots in Marian residency program.	# of health care provider training program slots	Dignity Health	Personal correspondence	18 program slots	20 program slots	Annual	-	-	-	-		No progress to date.
Activity 1.3: Retain/expand CHC Physician Assistant teaching program.	# of physician assistant training program slots	CHC	Personal correspondence	3 program slots	4 program slots	Annual	-	-	90 students	90 students		The Central Coast Physician Assistant Program (CCPAP) was granted provisional accreditation status by the Accreditation Review Commission for Physician Assistant Education (ARC-PA) in 2021, allowing for the admission of the first incoming class. The program will focus on recruiting and training a culturally diverse profession, starting with a cohort of 90 students.
Activity 1.4: Investigate development of a (clinic-based) Teaching Health Center residency program in SLO County.	# of clinic-based residency program slots	CHC	Personal correspondence	0 residency programs	1 residency program	Annual	-	-	-	-		No progress to date.
Activity 1.5: Investigate creation of a Dental Residency Program.	# of dental residency programs	Tolosa Dental	Personal correspondence	0 dental residency programs	1 dental residency program	Annual	-	-	-	-		No progress to date.
Objective 2: Create at least two incentive programs to retain providers, by December 2019.	# of incentive programs	SLO Medical Association, Tenet, Dignity, CHC	Personal correspondence	0 incentive programs	2 incentive programs	Annual						
Activity 2.1: Create a local recognition (awards) program for providers.	# of recognition programs	SLO Medical Association, Tenet, Dignity, CHC	Personal correspondence	0 recognition programs	1 recognition program	Annual	-	-	-	-		No progress to date.
Activity 2.2: Create tools/resources to assist with practice management.	# of practice management toolkits	SLO Medical Association, Tenet, Dignity, CHC	Personal correspondence	0 practice management toolkits	1 practice management toolkit	Annual	-	-	-	-		No progress to date.
Activity 2.3: Create "welcome wagon" program for new providers.	# practicing providers in County	SLO Medical Association, Tenet, Dignity, CHC	Personal correspondence	n/a	Program created	Annual	-	-	-	-		No progress to date.
Activity 2.4: Create incentives for Registered Dental Hygienist/Registered Dental Assistant students to receive certification.	# RDH/RDAs in SLO County	SLO Public Health, Oral Health Program, CHC	Personal correspondence MOUs with Alan Hancock Community College, Community Foundation	n/a	Program created	Annual	-	-	-	-		No progress to date.

Priority Issue: Too many children in SLO County fail to receive routine dental care


Goal: Increase the proportion of low-income children in SLO County with routine and adequate dental care

Objective 1: Increase the percentage of children on Denti-Cal who visit a dentist by 10 percentage points, by June 2022.	% Denti-Cal children who	Oral Health Program /	State Medi-Cal, Denti-Cal	24% (FY 14-15)	34% (2022)	Annual	50% (% average 2019)	46% (% average 2020)	No data avail	No data avail		Age Filter: 2019 2020 Age <10 14% 0%
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Activity 1.1: Increase Denti-Cal provider participation by conducting outreach to private dentists.	# new Denti-Cal dentists	Oral Health Program Manager & Coalition	State Medi-Cal Denti-Cal database	4 active Denti-Cal providers (2017)	6 active Denti-Cal providers (2020)	Annual	10 active Denti-Cal providers	11 active Denti-Cal providers	11 active Denti-Cal providers	11 active Denti-Cal providers	 CHC Templeton Dental Tolosa Children's Dental Center (Paso Robles) Tolosa Children's Dental Center (SLO) Doan D.D.S. Family Dentistry Central Coast Dental CHC Nipomo Dental CHC Oceano Dental CaliDental (added 2018) Friendly Smiles Dental Group & A Halcyon (added 2019) Paso Pediatric (added 2020)
Activity 1.2: Perform screenings at low-income housing projects and case manage appointments for children without a source of dental care.	# clinics / year	Oral Health Program Manager & Coalition	Oral Health Program	0	5-8 clinics (per year)	Annual	10 clinics performed	11 clinics performed	0	3 clinics performed	 Low outreach #'s due to Covid-19 pandemic closures.
Activity 1.3: Provide Virtual Dental Home services in schools and have dentists review cases and make treatment recommendations as needed.	# schools visited; # children seen	Private dentist(s); Oral Health Coalition; Tolosa	Private dentist(s); Tolosa database	0	6 schools 1,000 students (Private dentist(s) + Tolosa) (2022)	Annual	6 schools, 281 students	15 schools, 305 students	7 schools, 29 students	7 schools, 26 students	 Low outreach #'s due to Covid-19 pandemic closures. Schools closed and dental programs came to a halt/no access to kids. Difficulty getting programs/staff back into schools.
Activity 1.4: Provide outreach at schools to implement a dental sealant program at school sites.	# of schools	Oral Health Program Manager & Coalition	OHPM Data	0 schools	3 schools (2022)	Annual	0	15 schools	7 schools	7 schools	 Low outreach #'s due to Covid-19 pandemic closures. Schools closed and dental programs came to a halt/no access to kids. Difficulty getting programs/staff back into schools.
Activity 1.5: Provide outreach at schools to provide fluoride varnish at school sites.	# of schools	Oral Health Program Manager & Coalition	OHPM Data	7 schools	3 schools (2022)	Annual	25 schools	33 schools	25 schools	30 schools	 Dentistry @ School (VDH) program + OH fluoride program at state preschools, Head Starts, & Children Development Resource Center
Objective 2: By June 2022, increase the number of dentists incorporating Re-Think Your Drink and Tobacco Cessation campaigns into their practice.	# of dental practices	Oral Health Program /	OHPM Data	0	8 dental practices (2022)	Annual	0	0	2	2	 Low outreach #'s due to Covid-19 pandemic closures and re-assignment of Oral Health Program staff to disaster service
Activity 1.1: Outreach to private dentists to educate them on Re-Think Your Drink and Tobacco Cessation campaigns so that they will educate patients on common risk factors and protective factors for oral and other chronic diseases related from tobacco use and sugar.	# of dental practices incorporating cessation referrals	Oral Health Program Manager & Coalition	OHPM Data	0	8 dental practices (2022)	Annual	0	0	3	2	 Low outreach #'s due to Covid-19 pandemic closures and re-assignment of Oral Health Program staff to disaster service worker duties.
Objective 3: Expand oral health care delivery in the region by promoting workforce development in underserved areas, by June 2022.	# of dental practice staff	Oral Health Program Manager	OHPM Data	0	8 per year	Annual	11 staff assisted to	19 staff assisted to			 Grant funding for this objective ended in 2020.
Activity 3.1: Provide scholarships to Registered Dental Assistants (RDA) to boost dental workforce.	# scholarships awarded	Oral Health Program Manager & Coalition	OHPM Data	0	6 scholarships (per year)	Annual	33 RDAs	6 RDAs			 Activity complete. Grant funding for this objective ended in 2020.
Activity 3.2: Provide scholarships to Registered Dental Hygienists in Alternative Practice (RDHAP) students to boost dental workforce.	# scholarships awarded	Oral Health Program Manager & Coalition	OHPM Data	0	2 scholarships (per year)	Annual	1 RDHAP	3 RDHAPs			 Activity complete. Grant funding for this objective ended in 2020.










TEAM: Social Determinants of Health

	Performance Measures						Year-Over-Year Progress					Status Detail		
	Performance Measures	Lead Person/Organization	Data Source	Data Baseline	Improvement Target	Reporting Frequency	YEAR 1 2019	YEAR 2 2020	YEAR 3 2021	YEAR 4 2022	YEAR 5 2023		notes	
Priority Issue: Limited access to healthy food for low income individuals														
Goal: Increase CalFresh enrollment to reduce hunger and improve health among SLO County residents														
Objective 1: Increase enrollment of eligible individuals within SLO County to 85%, by June 30, 2022.	CalFresh Enrollment	CalFresh Alliance	CDSS CalFresh Data (Program Reach Index, excl. SSI)	41% (CA 70%)	85%	Annual	46.4% (CA 70.4%)	47.6% (CA 80.4%)	not yet available	not yet available				
Activity 1.1: Integrate text and email notifications for applicants to give notice of upcoming renewals and to reduce "churn" (disruption of services).	Process documentation	DSS	DSS correspondence	n/a	1 updated procedure	Annual	no progress	no progress	no progress	anticipated Oct 2023		With the planning underway for the new Statewide Eligibility System (CalSAWS), implementation of full use text and email notifications for applications and recertification will wait until the new implementation of the statewide system. The system is expected to be in place by Oct 2023.		
Activity 1.2: Reach out to individuals on Medi-Cal who are not enrolled in CalFresh to encourage their enrollment.	% of individuals on Medi-Cal who are also enrolled in CalFresh	DSS	DSS correspondence	35% (2018)	45% (2022)	Annual	no progress	no progress	no progress	anticipated Jan 2023		Mandate starting Jan 2023 will require CalFresh to be offered to all families applying for Medi-Cal (known as "in reach"). CalFresh will also be offered annually thereafter during Medi-Cal reinvestigation.		
Activity 1.3: Review "My Benefits CalWin" data on approvals and denials to troubleshoot barriers to online application process.	Assessment	DSS	DSS correspondence	0	1 assessment (2022)	Once	0 assessment	0 assessment	1 assessment	1 assessment		MyBenefits CalWIN data is monitored monthly by supervisors, who review caseloads of employees for accuracy, but not barriers to enrollment. CalFresh Alliance completes a barriers review, on an ad hoc basis. They reviewed data for barriers in 2021 and 2022. Adding GetCalFresh to our options has increased the online applications and minimized the time and issues seen in the previous system. Applications have increased over the last 3 years. A pilot is being done in Atascadero to expand the use of MyBCW by our county's CalFresh participants. Posters are being used and outreach is being created and launched as part of the Cuesta has stopped outreach activities as of 2022. Cal Poly has continued outreach through the pandemic. Numbers are pulled during March of each year.		
Activity 1.4: Continue CalFresh Outreach grant to increase student enrollment in CalFresh at Cuesta and Cal Poly.	# of students enrolled	DSS	DSS correspondence	0	Enroll at least 150 students per year (2022)	Annual	349 Cal Poly students 716 Cuesta students 160 Alan Hancock students	400 Cal Poly students 669 Cuesta students 132 Alan Hancock students	400 Cal Poly students 605 Cuesta students 124 Alan Hancock students	613 Cal Poly students 498 Cuesta students 97 Alan Hancock students				
Activity 1.5: Work with community-based organizations to integrate GetCalFresh.org as an alternate application method.	Outreach to community partners	DSS	DSS correspondence	0	7 community partners (2022)	Annual	5 community partners	5 community partners	5 community partners	8 community partners		DSS supports the use of GetCalFresh.org and will begin to refer all CalFresh applicants and Recipients to the site in order to better communicate with DSS and to submit documents. 2019: Community partners include Cal Poly, Catholic Charities, SLO Food Bank, TMHA, TCRC, Area Agency on Aging (same for 2020 and 2021) 2022: Community partners include Cal Poly, Catholic Charities,		

Activity 1.6: Work with local school districts to promote CalFresh.	Enrollment form	DSS	DSS correspondence	0	3 school districts (2022)	Annual	0 school districts	0 school districts	0 school districts	0 school districts	 <p>2019: School district promotion of CF will have to wait until after the summer of 2019 and the SSI expansion. The pilot to develop an MOU to take applications from the school lunch app was not successful. Schools were reluctant to participate due to the national political issues related to SNAP or CF and to immigration.</p> <p>2022: Paused due to pandemic. (DSS does the programmatic side, CalFresh Alliance does the outreach, so will continue to push this activity in the alliance work.)</p>
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Priority Issue: Lack of affordable, attainable, safe, supportive housing with proximate access to employment, services and opportunities for recreation

Goal: Improve access to affordable, attainable, safe and supportive housing

Objective 1: Support the development of very low income, low income, moderate and above moderate housing units throughout SLO County, with a goal of staying on track annually with regional housing targets (RHNA).	# of housing units permitted annually in SLO County by RHNA income	Healthy Communities Workgroup	CA Dept of Housing and Community Development's	V Low 23.7% Low 29.7% Mod 47.1% A Mod 80.7%	V Low 100% Low 100% Mod 100% A Mod 100%	Annual (data collected from						
Activity 1.1: Speak at public comment (e.g. during city council, Board of Supervisor meetings, etc.) to encourage elected officials to support new housing, modify existing development standards and expand housing options for the region.	# of times someone spoke	Healthy Communities Workgroup	Tracking sheet	0x per year	5-8x per year	Annual	27	23	0	1	 <p>2021: In-person presentations were paused in 2021 due to the pandemic and will resume in future years. This includes speaking at public comment (e.g. during city council, Board of Supervisor meetings, etc.), with local service clubs (e.g. Rotary), and with employers to encourage new housing and modified development</p>	
Activity 1.2: Reach out to, or meet one-on-one, with elected officials in all 8 jurisdictions (7 cities plus County) (and extend invitation to attend Healthy Communities workgroup).	# of jurisdictions contacted	Healthy Communities Workgroup	Tracking sheet	0x per year	2x per year	Annual	4	5	0	0		
Activity 1.3: Speak at service clubs (Rotary, etc.) and community groups to develop community support on housing issues and to introduce alternative housing solution (home share, etc.).	# of talks given per year	Healthy Communities Workgroup	Tracking sheet	0x per year	5x per year	Annual	14	23	0	1	 <p>2022: In-person presentations have slowly begun to re-start.</p>	
Activity 1.4: Advocate with local employers to support housing development and augment rental housing supply to help recruit and retain employees.	# of employers contacted	Healthy Communities Workgroup	Tracking sheet	0x per year	5x per year	Annual	3	4	0	0		
Activity 1.5: Develop a fact sheet on the impacts of housing stability on health and gather other educational materials that support YIMBY.	Fact Sheet	Healthy Communities workgroup	---	0 fact sheets	1 fact sheet (reviewed annually)	Annual	1 - Health and Housing: Building the Connection				 <p>A fact sheet was developed for the Health and Housing: Building the Connection event and this activity is now complete.</p>	
Activity 1.6: Sponsor an event on housing and health for the public, community partners and elected officials during Healthy Communities month.	Event	Healthy Communities workgroup	---	0 events	1 event (by Oct 2018)	Once	1 event - Health and Housing: Building the Connection, October 4, 2018				 <p>The Health and Housing: Building the Connection event was held on October 4, 2018 and this activity is now complete.</p>	
Activity 1.7: Submit letters of support when new housing developments come before government bodies (planning commissions, city council meetings etc.)	# of letters submitted	Healthy Communities workgroup	Workgroup records	0x per year	5x per year	Annual	7 letters of support	16 letters of support	6 letters of support	6 letters of support		
Activity 1.8: Utilize the Healthy Communities Project Checklist for assessing housing-related development projects from a healthy community's perspective.	# of project reviews	Healthy Communities workgroup	Workgroup records	0 project reviews	5 project reviews	Annual	1 project reviewed with Project Checklist	16 projects reviewed with Project Checklist	6 projects reviewed with Project Checklist	6 projects reviewed with Project Checklist		
Activity 1.9: Participate in housing needs methodology discussion with SLOCOG before next cycle's RHNA allocation determination.	Participation records	Healthy Communities Workgroup	Participation records	0 discussions	1 discussion	Once	1 Discussion				 <p>HCWG provided feedback in Spring 2019 on the Draft 2019 RHNA. This activity is now complete.</p>	

TEAM: Maternal, Child & Adolescent Health

TEAM: Maternal, Child & Adolescent Health													
Performance Measures							Year-Over-Year Progress					Status Detail	
Performance Measures	Lead Person/ Organization	Data Source	Data Baseline	Improvement Target	Reporting Frequency	YEAR 1 2019	YEAR 2 2020	YEAR 3 2021	YEAR 4 2022	YEAR 5 2023	notes		
Priority Issue: Lack of social and emotional supports for new mothers													
Goal: Improve social and emotional supports for new mothers													
Objective 1: Increase the proportion of new mothers who are screened for Perinatal Mood and Anxiety Disorder (PMAD) to 50% by CY 2020.	% new mothers screened for PMAD	MCAH Coordinator	New database	N/A	50% (2020)	Annual							
Activity 1.1: Develop data collection, tracking and reporting system.	Database	MCAH Coordinator	MCAH	0	1 database launched (Dec 2018)	Quarterly	No progress to date	No progress to date	Draft data collection system in place.				2021: Draft data collection system now in place.
Activity 1.2: Outreach to OB-GYN offices to implement PMAD screening using validated tool at least once during perinatal period.	# practices that adopt screening	MCAH staff	MCAH	0	5 OB practices (2020)	Quarterly	Outreach started	Outreach to OB offices ongoing.	Outreach to OB offices complete.	Outreach to pediatric offices added.			2021: Outreach to OB offices complete. 100% offices implement PMAD screening using a validated tool. 2022: Continuing trainings implemented. Also added outreach to pediatric groups with the SLO County Pediatric Office Survey: 12 pediatric offices in SLO County surveyed regarding office practices, policies, and protocols involving maternal mental health. Questions included staff and new parent education; depression screening for new mothers; office resources; office needs around staff, new parent education and resources; and 2021: 3 hospitals trained in PMAD; 400+ community based provider staff trained in PMAD; all hotline staff trained on PMAD.
Activity 1.3: Train hospital labor/delivery staff, community-based providers, hotline volunteers on use of screening tools.	# trained	MCAH staff	MCAH	0	100 (2020)	Quarterly	No progress to date	No progress to date	hospital, provider and hotline staff trained	trainings ongoing			2022: PMAD screening trainings continued. Trainings included: 5 pediatric offices (Dignity Health Pismo Beach Pediatrics, CHC Pediatrics (AG, Nipomo and SLO locations), and Bravo Pediatrics) Postpartum Support International Certificate Training – Attendees: 4. 2020 Mom Certificate Level Training – Attendees: 1. Postpartum Support International Advanced Training – Attendees: 5. Postpartum Support International Perinatal Mental Health Certification Exam: Attendee: 1. Washington AIMS Collaborative Care Training – Attendees 5. 2020: Webpage was completed.
Activity 1.4: Provide resources (webpage, information cards) for pregnant and new moms.	Webpage complete # cards distributed	MCAH staff/PMAD project team	MCAH	0	1 webpage launched Info cards printed (2020)	Quarterly	No progress to date	Webpage complete	Information cards complete	ongoing provision of info cards			2021: OB and pediatric information cards completed for new moms. 2022: In addition to the webpage (PMADSLO.org total visits: 2,800) and info cards, also added Google video ads (total impressions: 1,356,837) and SLO Life magazine ads (circulation: 600,000). Also created a PMAD poster distributed to 12 OB offices and 12 pediatric provider offices, 3 hospital women and children services departments, childbirth education classes, SLO County programs,
Priority Issue: Young children in SLO County lack a coordinated system of screening, problem identification and referral to treatment for developmental and socio-emotional disabilities or deficits													
Goal: Implement a Help Me Grow™ (HMG) system in SLO County													

Objective 1: Garner participation of the five largest pediatric practices in the county to perform universal developmental screening using standardized tools (e.g., ASQ, PH9, M-CHAT, Edinburgh, ACE Score) by June 2022.	# pediatric practices conducting universal developmental	First 5 SLO	First 5 Staff	Unknown; possibly 0	5 practices (2022)	Annual							Pilot tested developmental screening tool through the '3x3 developmental screening partnership' which worked with two pediatric practices (Bravo Pediatrics and several clinics at CHC) to conduct ASQ screening (3x by the time they were 3 years old). Funded by MHSA innovation grant.
Activity 1.1: Conduct and invite pediatric providers to continuing medical education meetings about HMG, available developmental screening tools and how to incorporate into a busy practice.	Events held	First 5 SLO	First 5 Staff	n/a	1 event/year	Annual	0	0	0				Did one town hall in 2017, then pandemic hit. Planning for 2023 pediatric town hall focused on screening tools, youth mental health, and other topics of interest to pediatric community.
Activity 1.2: Work with interested practices on incorporating screenings into EHR systems and office work flow practice.	# clinics/practices worked with	Community pediatric practices CenCal Health	Peds Practices	0	8 clinic/practice sites (2022)	Annual		2 pediatric practices engaged in the 3x3 pilot study	2 pediatric practices engaged in the 3x3 pilot study	2 pediatric practices engaged in the 3x3 pilot study			The strategy changed on this activity from engagement with multiple pediatric practices to really focusing in on the '3x3 developmental screening partnership', a pilot study funded by an MHSA innovation grant. The pilot engaged two pediatric practices (Bravo Pediatrics and several clinics at CHC) to test ASQ screening tools (tools that are used by pediatricians 3x by the time each child is 3 years old). The pilot test worked to incorporate screenings into EHR systems and standard office workflow practice. An evaluation report will highlight lessons learned and best practices to use countywide going forward.
Activity 1.3: Conduct best practice research looking at most successful mechanisms for completing screening on young children (e.g., at home by parent, at early childcare centers with educator assist, at medical office with health educator/support	Completion of research project	First 5 SLO	MHSA	n/a	Project completed (2020)	Annual		3x3 pilot study	3x3 pilot study				3x3 pilot was essential for this. Completed in 2022. WW has evaluation report.
Objective 2: Launch a centralized information and referral hub for HMG by June 2020.	HMG information and referral hub operational	First 5 SLO, Hub Organization (TBN)	Phone # Website URL	n/a	Hub launched (2020)	Annual							
Activity 2.1: Work with community organizations to identify a willing, able and sustainable organization to operate a HMG centralized hub.	Hub organization	First 5 SLO	First 5 Staff	n/a	Selection of Hub organization (2019)	Annual	CAPSLO selected						CAPSLO was selected as the centralized hub in 2019. Established a HMG steering committee that meets quarterly, with pediatricians, libraries, special education, behavioral health. (maybe add as new activity?)
Activity 2.2: Identify funding stream(s) to maintain a staffed hub and written (stand-alone or on-line) informational material.	Amount of funding	First 5 SLO	First 5 Staff	n/a	\$250k annual funding secured (2019)	Annual	Funding secured						CAPSLO has a 5-year grant funded by First 5, DSS, and Public Health.
Activity 2.3: Build a new, or augment an existing, website for use by the public to access HMG information and referral resources, to exist independently of and in coordination with a staffed resource.	Existence of website	Hub Organization (TBD)	Hub Org. Staff	n/a	Website live (2020)	Annual		Website completed					Help Me Grow website launched in 2020 and updated continually by CAPSLO. Available at https://slohelpmegrow.org/ .
Activity 2.4: Establish a public awareness campaign to educate families and service providers on early developmental milestones and referral/intervention resources.	Educational campaign	First 5 SLO	First 5 Staff	n/a	1 educational campaign conducted	Annual	ongoing	ongoing	ongoing	ongoing			Campaigns through social media from CAPSLO, First 5 SLO County, and steering committee member groups.
Activity 2.5: Identify resource gaps for San Luis Obispo County.	Analysis conducted	Hub Organization (TBD)	Hub Org. Staff	0 (2018)	1 gap analysis (2020)	Annual	ongoing	ongoing	ongoing	ongoing			In progress through hub and steering committee.
Activity 2.6: Maintain a database to track countywide screening, referral and intervention numbers.	Database implementation	Hub Organization (TBD)	Hub Org. Staff	n/a	Database launched	Annual		CAPSLO centralized access point in use	CAPSLO centralized access point in use	CAPSLO centralized access point in use			CAPSLO's centralized access point is being used to track families, screen and provide referrals. Pediatricians have their own system for coordination.

TEAM: Infectious Disease

	Performance Measures						Year-Over-Year Progress					Status Detail
	Performance Measures	Lead Person/Organization	Data Source	Data Baseline	Improvement Target	Reporting Frequency	YEAR 1 2019	YEAR 2 2020	YEAR 3 2021	YEAR 4 2022	YEAR 5 2023	
Priority Issue: Lack of hepatitis C screening among high-risk jail population												
Goal: Reduce the rate of undiagnosed hepatitis C in SLO County jail inmate population												
Objective 1: Increase testing and referrals of hepatitis C in jail population by 60%, by Dec. 2020.	# of jail population screened	ASN, Public Health, Jail	Jail records	0	100 (2020)	Annual						No progress to date. As of February 2019, Wellpath (and no longer PHD) is the National Correctional Health Care Provider at the San Luis Obispo Jail. Progress was being made with Hep C discussions and then the COVID pandemic hit. Will pick up conversations with new Chief Medical Officer when the urgent pandemic response is over.
Activity 1.1: Create screening algorithm for determining high-risk patients to test.	# of algorithms	ASN, Public Health, Jail	---	0	1 screening algorithm	Annual	0	0	0	0		 -
Activity 1.2: Create process for referrals to care at ASN.	# of processes	ASN, Public Health, Jail	---	0	1 referral process	Annual	0	0	0	0		 -
Activity 1.3: Create policy/procedure for who and how to treat patients.	# of policies	ASN, Public Health, Jail	---	0	1 policy	Annual	0	0	0	0		 -
Activity 1.4: Research affordable testing and treatment options (grants, reimbursement strategies, insurance).	# of lists	ASN, Public Health, Jail	---	0	1 list of funding options	Annual	0	0	0	0		 -
Activity 1.5: Conduct screening of high-risk inmates.	# of jail population screened	ASN, Public Health, Jail	---	0	100 (2020)	Annual	0	0	0	0		 -
Priority Issue: Influenza severity on the rise												
Goal: Reduce the rate of influenza in high-risk SLO County populations												
Objective 1: Increase the number of flu vaccines given to jail population by 5%, by Dec. 2020.	# of jail population vaccinated	Jail	Jail records	185 (2017)	195 (2020)	Annual						No progress to date. As of February 2019, Wellpath (and no longer PHD) is the National Correctional Health Care Provider at the San Luis Obispo Jail. Will pick up conversations with new Chief Medical Officer when the urgent pandemic response is over.
Activity 1.1: Analyze target audiences most in need of flu messaging/intervention (e.g., jail population, health care personnel, long term care residents, preschool staff).	Analysis of target audience groups	Jail, Public Health	---	0	1 analysis of target audience	Annual	0	0	0	0		 -
Activity 1.2: Determine best practices for reaching high-priority target audience.	Report of best practices	Jail, Public Health	---	0	1 report	Annual	0	0	0	0		 -
Activity 1.2: Create tailored messaging or strategy for target audience.	# of campaigns	Jail, Public Health	---	0	1 campaign	Annual	0	0	0	0		 -
Priority Issue: Increasing syphilis rates in SLO County												
Goal: Reduce the rate of syphilis in SLO County population												
Objective 1: Decrease the rate of new syphilis cases/100,000 population to <3.0, by 2020.	Newly diagnosed cases/100k pop	Public Health	State STD Surveillance Report	3.6/100k pop. (2015)	3.0/100k pop. (2020)	Annual						
Activity 1.1: Encourage/assist universities, OB/GYN providers and others to offer routine, opt-out testing.	# clinical settings adopting routine opt-out testing	Public Health	---	0	5 providers	Annual	0	0	0	0		 No progress to date.
Activity 1.2: Increase patient education about the importance of testing and treatment.	# of campaigns	Public Health	---	0	1 campaign	Annual	0	0	0	0		 Larger campaign was put on hold during the pandemic, however, individualized education is provided to every patient that comes to the Paso Robles Reproductive Health clinic for STD testing/symptoms/safer sex education.







TEAM: Chronic Disease & Health Behaviors

	Performance Measures						Year-Over-Year Progress					Status Detail
	Performance Measures	Lead Person/ Organization	Data Source	Data Baseline	Improvement Target	Reporting Frequency	YEAR 1 2019	YEAR 2 2020	YEAR 3 2021	YEAR 4 2022	YEAR 5 2023	
Priority Issue: Unhealthy weights among children and adults												
Goal: Improve diets and increase physical activity in the environments where people eat, live, learn, work and play												
Objective 1: Reduce rates of adult obesity by 2% (to 18.1%), by Dec. 2022.	% of adults who are obese	Public Health / HEAL SLO / hospitals	CHIS	20.1% adult obesity (2014-2016)	< 18.1% adult obesity (2022)	Annual	21.9% adult obesity (2017-2019)	23.4% adult obesity (2018-2020)	23.1% adult obesity (2019-2021)	not yet avail		
Activity 1.1: Create communications plan between stakeholders to share targeted, coordinated messaging around healthy eating and active living.	# of communications plans	Public Health / HEAL SLO / hospitals	---	0 Communication plans	1 Communication plan	Once	1 HEAL SLO communication plan					Complete.
Activity 1.2: Create tool kit for educating policy/decision makers about healthy eating and active living issues (e.g. health element in general plans, sugar sweetened beverage policy, zoning for fast food, etc.).	# of tool kits	Public Health / HEAL SLO / hospitals	---	0 tool kits	1 tool kit	Once	1 Public Charge toolkit					Complete. SSB and Public Charge tools are available on HEALSLO.com.
Activity 1.3: Enhance capacity of agencies and community groups to provide comment on local policies related to healthy eating active living issues.	# of community groups	UCCE / HEAL SLO / Public Health	---	0 groups	6 groups	Annual	3 groups	48 groups				2019: Language change from "Educate community groups about upcoming healthy eating active living related topics to enhance capacity for providing public comment on local policies" TO "Enhance capacity of agencies and community groups to provide comment on local policies related to health eating active living. Healthy Communities Work Group Reviewed 33 projects in 2019 (significant increase from 7 projects reviewed in 2018).
Activity 1.4: Increase the review of proposed land use projects, ordinance and general plan amendments from a healthy community's perspective.	# of project reviews	Healthy Communities workgroup	Workgroup records	0 project reviews	5 project reviews	Annual	7 project reviews	33 project reviews	6 project reviews	11 project reviews		Complete. Priority communities have been identified by the overweight/obesity rates for each school in the county (5th graders, FY 2016-2017) as well as rates of poverty in the county (using the number of students eligible for Free or Reduced Price Achieved (exceeded)). In April 2021, collaborative received a \$18.25 million California Active Transportation Program (ATP) grant to close the gap between the existing Bob Jones trail in Avila and the Octagon Barn in San Luis Obispo.
Activity 1.5: Identify priority communities with higher rates of obesity.	# of target communities	Public Health / HEAL SLO / hospitals	---	0 target community lists	1 target community list	Once	1 community list					Additionally, in 2021, teams worked with CalTrans to incorporate health into their US 101 Multimodal Corridor Plan and identify the PFT was suspended for school years 2019-2020 and 2020-2021, resulting in no data for those years.
Activity 1.6: Work to secure funding for key infrastructure improvements near identified priority communities that connect residents by foot and bicycle to their schools, workplaces and communities at large. (Activity added 2019)	# of grants secured	Healthy Communities workgroup	Workgroup records	0 grants	1 grant	Annual		1 grant awarded	1 new health chapter in CalTrans US 101 Multimodal			
Objective 2: Achieve national goal (Healthy People 2020) metric of <14.5% for childhood obesity, by Dec. 2022.	% of children and adolescents who are obese	Public Health / HEAL SLO / hospitals	CDE / NHANES	17.0% child obesity (2015-2016)	<14.5% child obesity (2022)	Annual	18.0% child obesity (2018-2019)	no data avail	no data avail	not yet avail		
Activity 2.1: Support the establishment of school wellness councils at school sites to improve, enhance and implement districts' school wellness policies.	# of schools with active school wellness councils	School districts/ UCCE / Public Health / HEAL SLO	---	4 schools	12 schools	Annual	3 schools	3 schools	3 schools	4 schools		2022: A school wellness council was added at Lillian Larsen Elementary in San Miguel!
Activity 2.2: Partner with school districts to implement school garden programs.	# of schools adopting school garden programs	One Cool Earth/UCCE/PHD/C OE/HEAL SLO	---	18 schools	43 schools	Annual	26 elementary school gardens	29 elementary school gardens	33 school gardens	33 school gardens		2018+ OCE 18+Templeton, SLOCA, BP, Monarch, Lillian Larsen, Almond Acres, Creston, Baywood
Activity 2.3: Conduct nutrition and exercise educational programs during school and after school.	# educational sessions held	YMCA / UCCE/ Public Health / HEAL SLO	---	25 sessions/year	50 sessions/year	Annual	160 sessions	2,301	1,333	2,647		Harvest of the Month resources developed - shared within schools, small farmers, local procurement organizations to promote local agriculture in schools:
Priority Issue: High rates of chronic disease												
Goal: Reduce rates of chronic disease among county residents												
Objective 1: Reduce prevalence of type 2 diabetes among adults in SLO County by 1%, by 2022.	% of adults with diabetes	FMMC/AGCH	CHIS	5.6% of adults with diabetes (2014-2016)	4.6% (2022)	Annually	9.9% adult diabetes (2017-2019)	8.5% adult diabetes (2018-2020)	6.9% adult diabetes (2019-2021)	not yet avail		
Activity 1.1: Increase number of participants in chronic disease self-management program (CDSMP) and Diabetes Empowerment Education Program (DEEP) workshops, aimed at reducing subsequent ER visits.	# workshop attendees engaged annually	FMMC/AGCH	FMMC/AGCH database	46 workshop attendees/year (2017)	65 workshop attendees/year (2022)	Annually	98 unduplicated attendees	85 unduplicated attendees	114 unduplicated attendees	123 unduplicated attendees		In 2021, the team converted English and Spanish CDSMP workshops to ZOOM due to the pandemic. Surprisingly, attendance increased, so now programs continue to be done
Activity 1.2: Partner with physician champions to support hard referrals to chronic disease self-management workshops.	# physicians who will champion the program	FMMC/AGCH	FMMC/AGCH database	0 (2017)	3 physicians/ groups (2022)	Annually	Physician champion identified: Dr. Dr. Oates	Dr. Nickas and Dr. Scott Robertson	Dr. Monica Diaz	Dr. Monica Diaz		
Activity 1.3: Partner with health care providers to make hard referrals to chronic disease self-management workshops.	# health care providers participating /	FMMC/AGCH	FMMC/AGCH database	0 (2017)	1 health care provider (2022)	Annually	Dr. Oates	Dr. Oates	Dr. Melvin Lopez	Dr. Melvin Lopez		
Activity 1.4: Partner with county agencies to promote chronic disease workshops and share fliers on social media/website to their clients.	# times shared	UCCE, Public Health, HEAL SLO	Personal correspondence	0 (2017)	3 shares/year (2022)	Annually	3 shares	4 shares	8 shares	15 shares		In 2022, switched to a monthly community health newsletter with links to class registration. Shares increased, so plan to continue with this method.

Priority Issue: Tobacco use among adults and adolescents in San Luis Obispo County												
Goal: Reduce smoking initiation, tobacco use and exposure to secondhand smoke												
Objective 1: Increase the number of smoke-free outdoor spaces in the county by 25%, by June 30, 2021.	# of smoke free outdoor "places" (dining, entryways, public events, recreation areas).	Tobacco Control Program	American Lung Assoc. "State of Tobacco Control: SLO County"	25 (2017)	31 (2021)	Annual	25	25	38	38		Per ALA's State of Tobacco Control
Activity 1.1: Provide trainings for a minimum of 10-20 youth (e.g. local leadership classes, Friday Night Live chapters) to increase leadership, capacity and skills to address tobacco control issues in their community.	# of trainings with local youth	Tobacco Control Program	Activity Log	2 (2017)	3/year	Annual	16x trainings	4x trainings	5x trainings	4x trainings		2022: This is no longer a required activity in the 2022-2025 workplan, but remains of interest
Activity 1.2: Conduct presentations or public comment with youth leaders to city council in targeted jurisdictions to educate local policymakers about the public health benefits of creating and strengthening smoke-free outdoor spaces.	# of presentations to city council	Tobacco Control Program	Activity Log	2 (2017)	3/year	Annual	3x presentations	0 presentations	0 presentations	0 presentations		2022: In the 2022-2025 workplan, this language was converted to: Conduct presentations with coalition members...; 1x per year (to launch a 'campaign'). Consider revision in next CHIP if still a priority.
Objective 2: Decrease the percent of youth in the county who use e-cigarettes by 30%, by June 30, 2021.	% of Grade 11 students that have used electronic cigarettes or other vaping devices in	Tobacco Control Program, County Office of Education	California Healthy Kids Survey	19% (2013-2014)	12.00%	Bi-annual	22.0%	19% (CHKS FY 2019-20)	11% (CHKS FY 2021-22)	11% (CHKS FY 2021-22)		
Activity 2.1: Develop and distribute educational packets per year in targeted jurisdictions designed to educate policymakers and other key stakeholders on the harmful effects of e-cigarettes, youth access to tobacco and/or tobacco industry marketing.	# of education packets distributed	Tobacco Control Program	Activity Log	---	20/year	Annual	40x education packets distributed	0 education packets distributed	1x education packet distributed	0 education packets distributed		2022: This is no longer a required activity in the 2022-2025 workplan
Activity 2.2: Conduct onsite inspections of tobacco retailers in targeted jurisdictions to assess illegal sales to young adults, ages 18-20 and compliance with other local and state retail laws (with a focus on flavored tobacco).	# of stores inspected	Tobacco Control Program, local law enforcement	Young Adult Tobacco Purchase Survey	---	50/year	Annual	70 stores inspected	69 stores inspected	0 stores inspected	0 inspections; 1 complete round of educational visits		
Activity 2.3: Conduct presentations to community organizations involved in alcohol and drug prevention, other public health programs, local law enforcement and professional organizations (30-45 minute presentations will focus on the harmful effects of e-cigarettes, youth access to tobacco and/or tobacco industry marketing).	# of presentations to community organizations	Tobacco Control Program	Activity Log	---	6/year	Annual	5x presentations	1x presentation	1x presentation	5 presentations		2022: Presentations were given to 3 BH groups; BH managers; WIC staff
Activity 2.4: Place paid advertisements in local media outlets to educate the public on harmful effects of e-cigarettes and availability of quit services. (Moved from Obj. 1 above and reframed to focus on vaping instead of smoke-free outdoor spaces.)	# of paid advertisements	Tobacco Control Program	Activity Log	---	4/year	Annual	1x paid advertisement	0 paid advertisements	6x paid advertisements	5x paid advertisements		2021: Began work to place paid media advertisements to promote knowledge and behavioral change regarding flavored tobacco and vape products, secondhand smoke in public places, and availability of quit resources. Specifically:

TEAM: Injuries

	Performance Measures						Year-Over-Year Progress					Status Detail
	Performance Measures	Lead Person/Organization	Data Source	Data Baseline	Improvement Target	Reporting Frequency	YEAR 1 2019	YEAR 2 2020	YEAR 3 2021	YEAR 4 2022	YEAR 5 2023	notes
Priority Issue: Falls cause the most unintentional injury-related deaths in San Luis Obispo County												
Goal: Reduce falls among seniors												
Objective 1: Decrease fall-related injuries among seniors (> 65 years) by 20%, by 2023.	# of seniors with fall-related hospitalizations	Public Health	CDPH EpiCenter (non-fatal hospitalization for seniors >65 years)	642 (2014)	514 (2023)	Annual						
Activity 1.1: Increase senior classes on fall prevention.	# of classes	Fall Prevention Specialist (Public Health)	Public Health	150/year	200/year	Annual	151	165	50	275		2021: 8 series classes. Also strength and balance classes (targeted for fall prevention) at Morro Bay (2x/week) and an online class for the CAPSLO Adult Day Center (1x/week) (x.52 weeks).
Activity 1.2: Create marketing materials to inform older adults about risk factors.	# of marketing materials created	Fall Prevention Specialist (Public Health)	Public Health	0/year	3/year	Annual	2 - Class flyers + brochures using new templates.	12 newsletters linking to resources	12 newsletters linking to resources	12 newsletters + 2 social media posts linking to resources		2021: monthly newsletters (12 total) linking to fall prevention resources; 8 fall prevention exercise videos created. 2022: monthly newsletters (12 total) linking to fall prevention resources, as well as 2 social media posts created.
Activity 1.3: Conduct in-home assessments to increase knowledge of risk factors related to the physical environment.	# of in-home assessments conducted	Fall Prevention Specialist (Public Health)	Public Health	2/month	3/month	Annual	20 total, averages out to 1.8 a month over 11 months	28	18	19		
Activity 1.4: Identify available resources in the county to prevent falls.	Resource directory created	Injury Prevention Coalition	Public Health	0 (2018)	1 resource directory (2019)	Annual	0	0	0	0		
Activity 1.5: Identify resource gaps for San Luis Obispo County.	Analysis conducted	Injury Prevention Coalition	Public Health	0 (2018)	1gap analysis (2020)	Annual	0	0	0	0		Added brain health research and brought on additional staff member to help promote services to the Latino community. Formal gap analysis not yet completed.
Activity 1.6: Provide appropriate resources or materials to address identified gaps.	# new resources	Injury Prevention Coalition	Public Health	0 (2018)	1 list of new resources (2022)	Annual	0	0	0	0		Work in progress.
Objective 2: By 2023, local hospitals will provide fall prevention education materials at discharge to 75% of senior patients treated for fall-related injuries.	# of patients receiving fall prevention education	ER doctors, medical providers	Discharge data	0 (2018)	5,000 patients (2023)	Annual	0	0	0	0		No progress to date
Activity 2.1: Identify fall-related ICD-10 codes.	List of ICD-10 codes	ER doctors, medical providers	Personal correspondence	0 (2018)	1 list (2019)	Annual	0	0	0	0		No progress to date
Activity 2.2: Review emergency room discharge instructions for the selected codes.	Analysis conducted	ER doctors, medical providers	Personal correspondence	0 (2018)	1gap analysis (2020)	Annual	0	0	0	0		No progress to date
Activity 2.3: Incorporate fall-related instructions into discharge instructions for certain diagnoses.	Recommendation provided	ER doctors, medical providers	Personal correspondence	0 (2018)	1 recommendation for discharge language (2023)	Annual	0	0	0	0		No progress to date
Priority Issue: High number of vehicle-related injuries (VRI) (including motor vehicle occupants, pedestrians & cyclists)												
Goal: Reduce vehicle-related injuries.												
Objective 1: Reduce number of bicycle-involved motor vehicle collision injuries by 10%, by Dec. 2022.	# of victims killed or injured in bicycle-involved motor vehicle collisions	Bike SLO County	CA Office of Traffic Safety	109 (2015)	98 (2022)	Annual	79	75	89	not yet avail		As reported by https://tims.berkeley.edu/tools/gismap/ . 2021 data is provisional and subject to change. 2022 data not yet available. Recent data is currently meeting the target, but has increased in recent years.
Activity 1.1: Promote intersection improvement/traffic calming improvements at high frequency collision sites (utilize UC Berkeley's Transportation Injury Mapping System to inform).	# of intersection improvements	SLOCOG, Bike SLO County	Lead agency correspondence	0	2 (2022)	Bi-annual						Railroad Safety Trail Pepper Bridge extension project in SLO started (2022); Tefft Street/Hwy 101 on/off ramp intersection improvements in Nipomo, completed (Nov 2021).
Activity 1.2: Expands safe routes program to middle/high schools.	# of schools engaged	SLOCOG Safe Routes to School	Lead agency correspondence	5 (2017)	8 (2022)	Bi-annual	57 schools	"virtual" bike to school day	50 schools	41 schools		Expanded to middle and high schools. Conducted outreach, promotion, and provided incentives Walk to School Day activities to:
Activity 1.3: Add bike lanes/rumble strips in high frequency collision sites.	# of added	SLOCOG, Bike SLO County	Lead agency correspondence	0	2 (2022)	Bi-annual						

Objective 2: Reduce number of pedestrian-involved motor vehicle collision injuries by 10%, by December 2022.	# of victims killed or injured in pedestrian-involved motor	Bike SLO County	CA Office of Traffic Safety	65 (2015)	58 (2022)	Annual	70	44	70	not yet avail	 As reported by https://tims.berkeley.edu/tools/gismap/ . 2021 data is provisional and subject to change. 2022 data not yet available.
Activity 2.1: Promote intersection/traffic calming improvements at high frequency collision sites.	# of intersection improvements	SLOCOG, Bike SLO County	Lead agency correspondence	0	2 (2022)	Bi-annual					
Activity 2.2: Encourage safe driving through impaired and distracted driving classes targeted at middle school and high school students.	# of individuals taking distracted driving classes	SLO County Behavioral Health Prevention and Outreach	Lead agency correspondence	0	TBD (2022)	Bi-annual	-	8,816 students in 53 presentations (2019-2020)	9,760 students in 62 presentations (2020-2021)	8,592 students in 50 presentations (2021-2022)	 Behavioral Health Prevention and Outreach provides classes on impaired and distracted driving at SLO County middle school and high schools through a grant from the Office of Traffic Safety. Language on this activity was changed from "Encourage distracted pedestrian education through CCDDAP classes" to "Encourage safe driving through impaired and distracted driving classes targeted at middle school and high school students" in 2022. Grant requirements have decreased in recent years which reflects the drop in numbers, as well as the impact of COVID in the program's access to schools and students.
Objective 3: Reduce the number of all motor vehicle collision injuries by 10%, by December 2022.	# of victims killed or injured in motor vehicle collisions	Bike SLO County	CA Office of Traffic Safety	1,499 (2015)	1,349 (2022)	Annual	1482	1133	not yet avail	not yet avail	 As reported by https://www.ots.ca.gov/media-and-research/crash-rankings-results/ . 2021 and 2022 data not yet available.
Activity 3.1: Promote intersection improvement/traffic calming improvements at high frequency collision sites.	# of intersection improvements	SLOCOG, Bike SLO County	Lead agency correspondence	0	2 (2022)	Bi-annual					
Activity 3.2: Encourage distracted driving awareness through public information campaigns.	Campaign	SLO County Behavioral Health Prevention and Outreach	Lead agency correspondence	0	1 campaign (2022)	Bi-annual	—	—	—	7	 Behavioral Health Prevention and Outreach has run several social media campaigns over the past few years during major national traffic safety events such as the Super Bowl, National Holidays, Distracted Driving Awareness Month through a grant from the Office of Traffic Safety. These included 7 social media posts in

TEAM: Social & Emotional Wellness												
	Performance Measures						Year-Over-Year Progress					Status Detail
	Performance Measures	Lead Person/ Organization	Data Source	Data Baseline	Improvement Target	Reporting Frequency	YEAR 1 2019	YEAR 2 2020	YEAR 3 2021	YEAR 4 2022	YEAR 5 2023	notes
Priority Issue: No agreed-upon standard of care for providers to provide consistency of best practices across the continuum of social and emotional wellness services												
Goal: Improve consistency of care across the continuum of social and emotional wellness services												
Objective 1: Adopt a countywide Social and Emotional Wellness Standards of Care policy, by June 30, 2020.	# of Policies	T-MHA; Family Care Network; Behavioral Health	Policy Adoption	0	1 (2020)	Annually	0	0	0	0		Efforts have been directed elsewhere and there has been no progress on a countywide Social and Emotional Wellness Standards of Care policy to date.
Activity 1.1: Convene 3-5 stakeholder focus group sessions to begin developing common needs, standards of care (SOC), training and development best practices before December 31, 2018.	# of stakeholder sessions, preliminary write-up	Behavioral Health	Stakeholders/Focus Groups	0	3 (2018)	Quarterly	-	-	-	-		No progress to date.
Activity 1.2: Establish Policy Development Committee to collect findings and draft standards of care policy, by June 30, 2018.	Draft Policy, # of meetings	Behavioral Health	Stakeholders/Focus Groups	0	3 (2018)	Monthly	-	-	-	-		No progress to date.
Activity 1.3: Begin introducing concept of SOC policy to system leaders and providers via staff trainings, meetings, media and information campaign.	# of flyers, training docs, press releases	T-MHA; Family Care Network; Behavioral Health	Meeting rosters, info notices, etc.	0	15	Monthly	-	-	-	-		No progress to date.
Activity 1.4: Ratification of countywide Social and Emotional Wellness Standards of Care policy by Board of Supervisors; County Office of Education; and major provider Boards by June 30, 2020.	# of Policies	T-MHA; Family Care Network; Behavioral Health	Policy Adoption	0	1 (2020)	Annually	-	-	-	-		No progress to date.
Priority Issue: Lack of social and emotional supports for teens												
Goal: Improve the social and emotional support network for teens in SLO County												
Objective 1: Reduce percentage of teens who report chronic sad or hopeless feelings in the past year by 5%, by Dec 2023.	% of 11th graders who self-report chronic sad or hopeless feelings (CHKS table A8.4)	Teen Task Force, Public Health	California Healthy Kids Survey	33% (2015-2016)	28% (2023)	Annual	40% (2019-2020)	38% (2019-2021; years combined)				With the pandemic, the Teen Task Force moved to take advantage of the virtual space in engaging teens. Partners continued to meet quarterly (virtually) to understand the offerings for teens countywide and created a webpage that houses the top 15 resources available to teens on a variety of issues (e.g. mental health, food access). The site will be specifically designed for teens (not their parents), so even unaccompanied youth can get access to the wealth of supports
Activity 1.1: Create campaign to promote career and technical training for high school aged youth.	# of campaigns	Teen Task Force incl: DSS, Public Health, Ekerd, SLO Partners/ SLOCOE, CAPSLO, Asset Development Network	---	0 campaigns (webpage; social media; flyers) (by 2023)	1 campaign (webpage; social media; flyers) (by 2023)	Annual	-	-	-	-		No progress to date.
Activity 1.2: Conduct analysis of current mentoring opportunities for middle and high school aged youth and young adults in SLO County.	Analysis	Teen Task Force incl: DSS, SLO Partners/ SLOCOE, CAPSLO, Ekerd teen task force	---	0 analysis	1 analysis (by 2023)	Annual	-	-	-	-		No progress to date.
Activity 1.3: Create one new mentoring opportunity in identified area of need based on the analysis.	# new mentoring opportunities	Teen Task Force incl: SLO Partners/ SLOCOE, DSS, CAPSLO,	---	n/a	1 new mentoring opportunity	Annual	-	-	-	-		No progress to date.
Activity 1.4: Host a conference or workshop on available youth supports for middle/high school counselors, mental health providers and staff who work with youth.	# workshops	Teen Task Force incl: CAPSLO, DSS, Asset Development Network, Behavioral Health, T-	---	0 workshops	1 workshop (by 2023)	Annual	-	-	-	-		No progress to date.

TEAM: Environment

	Performance Measures						Year-Over-Year Progress					Status Detail
	Performance Measures	Lead Person/ Organization	Data Source	Data Baseline	Improvement Target	Reporting Frequency	YEAR 1 2018	YEAR 2 2019	YEAR 3 2020	YEAR 4 2021	YEAR 5 2022	notes
Priority Issue: Increasing incidence of Valley Fever												
Goal: Increase awareness within the agriculture community of the risks associated with Valley Fever and of prevention/treatment needed												
Objective 1: Provide outreach information to 95% of County AWM permittees by July 1, 2019.	% of AWM permittees contacted	Agriculture Weights and Measures (AWM)	AWM database	0% of AWM permittees contacted	95% of AWM permittees contacted (by July 1, 2019)	Annual	50%?	75%?				 <p>2018: The brochure was provided to all local growers and Farm Labor Contractors whose permits were due for renewal.</p> <p>2019 and following years: The brochure was provided to others whose permits are due for renewal and did not receive a brochure in 2018.</p>
Activity 1.1: Develop public message and outreach brochure/material in English and Spanish for the Agricultural Community.	# of outreach brochures	Public Health Communications	Public Health Communications	0 brochures	1 brochure (by January 1, 2019)	Once	1 brochure					 <p>Complete. An outreach brochure in English and Spanish was created.</p>
Activity 1.2: Create map of hot spots for Valley Fever with an overlay of AWM permitted facilities.	Map of Valley Fever hot spots	Public Health Environmental Health Services	Public Health Epidemiology and AWM	0 maps	1 map (by July 1, 2018)	Every 3 years	1 map					 <p>Complete. The group worked with the County Epidemiologist to create a map of reported cases. This was integrated into the brochure.</p>
Activity 1.3: Explore whether dust mitigation conditions should be expanded for permits that require a CEQA evaluation process and are located in hot spot areas.	Review of Dust Mitigation Conditions	County APCD/Planning and Building	Public Health Epidemiology	0 existing dust mitigation conditions	Complete review of dust mitigation conditions for hot spot areas (by July 1, 2019)	Once	1 review complete					 <p>Complete. Conferred with APCD to ensure dust mitigation conditions are part of CEQA evaluation processes.</p> <p>Met with Planning and Building to request that the brochures be distributed during project planning meetings with applicants.</p> <p>Brochures are provided and are available on the Public Health Department's website.</p>
Priority Issue: Water quality at the beach/creek interfaces												
Goal: Improve water quality at high-priority beach/creek interfaces												
Objective 1: By January 1, 2019, collaborate with organizations that collect water quality data relevant to the goal so that information collected can be shared regularly.	Identify way to connect the public with available data on region's water quality	Public Health-Environmental Health Services, Division and Department of	Partner websites (County Public Works, SurfSafeSLO.org, Department of	Activity-based (outlined below)	Activity-based (outlined below)	TBD	-	-	-	-	-	<p>2019: Identified organizations that have water quality data that can be integrated into a County Water Website.</p> <p>The website is being further developed to include access to water data from other partner websites.</p> <p>2018: Integrated SurfSafeSLO into the SLO County Water Website. List complete.</p>
Activity 1.1: Identify the water quality constituents of concern and identify and contact organizations that collect the data.	List of water quality pollutants	PH-Environmental Health Services, Public Works	Partner websites	Water quality testing results	1 list (by July 1, 2018)	TBD	1 list					 <p>2019: Started to work on creating a new County water website that contains data from each of the partner agencies and websites.</p>
Activity 1.2: Collaboratively determine the platform and procedure for sharing data.	# platforms	PH-Environmental Health Services, Public Works	Partner websites	0 platforms	1 platform (by January 1, 2019)	TBD	1 platform					 <p>2018: The SLO County Water Hub has been completed. The platform can be found at slocounty.ca.gov/SLOCountyWater.</p> <p>2019: The website is being further developed to include access to water data from other partner websites.</p>

Activity 1.3: Establish the platform and implement the procedure.	# platforms for collecting and sharing water quality data	PH-Environmental Health Services, Public Works	Partner websites	0 platforms	1 platform (by January 1, 2019)	TBD	1 platform					 Complete. See notes above. 2020: SurfSafeSLO.org receives an achievement award from the National Association of Counties (NACo)
Objective 2: By January 1, 2023, seek grant funding for a study to determine the cause of exceedances so they can be corrected where possible.	# grants pursued for water quality at beach/creek	Public Works	Grants pursued	0 grants pursued	1 grant pursued (by January 1, 2023)	TBD						Mix of grants and general funds used.
Activity 1.1: Identify where exceedances occur and what contaminant it is.	Beach sampling location exceedances	PH-Environmental Health Services	SurfSafeSLO.org	0 lists	1 list	TBD	The new water website now has a link to information that is available on SurfSafeSLO.org	Met with City of SLO and the Environment Committee to review their work. Start of PFOS testing	Work with Surfrider to test for bacteriological quality near the outfall in Avila Lagoon			 In 2019, state agencies began to more closely examine exceedances around per- and polyfluoroalkyl substances (PFAS) chemicals, including here in SLO County. For this reason, coordination and resources have also been added for this contaminant and testing of water systems began in late 2019. Sample results are posted at https://geotracker.waterboards.ca.gov/map/pfas_map . A webpage, fact sheet and tri-fold brochure can be found at https://www.slocounty.ca.gov/Departments/Administrative-Office/Countywide-Projects-Programs/PFAS-in-San-Luis-Obispo
Activity 1.2: Apply for grants to fund source study(ies) including appropriate dedicated monitoring equipment and identification of feasible prevention solutions.	# grants pursued	Public Works	Grants pursued	0 grants pursued	1 grant pursued	TBD	No grants available	No grants available	General funds used			 Funding ultimately came from a variety of sources. General fund dollars were used to conduct Avila Lagoon sampling. A CA State Water Resources Control Board grant enables ocean water testing efforts. Surfrider helped fund new signs at the lagoon.
Activity 1.3: Coordinate with applicable organizations to implement feasible prevention solutions through grants, best management practices, education and other cooperative efforts.	# coordinating meetings held after study is completed	Public Works	study findings	0 meetings held	TBD	TBD	-	Work with City of SLO on creek study	Collaborative funding of new signs based on water quality testing at Avila lagoon			 2019: The City of SLO commenced a creek study that will continue into 2020. 2020: City of SLO creek study continued. Environmental Health also collected some samples to test for bacteriological quality near the outfall in Avila Lagoon. A plan was developed to take samples during the cold months and during the warm weather. Samples were taken on 1/9/20 (cool season) and 7/8/20 (warm season). Bridge pylons had old, faded signs warning bathers of elevated bacteria levels. Data collected will support the replacement of these signs, removal of these signs or a modification to the language on these signs. Data collected on 7/8/20 (warm season) during low tide noted several locations where exceedances over Ocean Water Quality Standards in H&SC 115880 were present for Enterococci, E. coli, and Total Coliform, so decision was made to replace the signs.